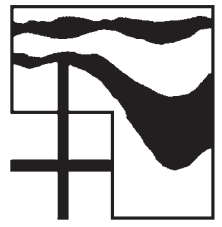




Change Service Requested

ARDEN, NORTH CAROLINA 28704
28 SPRUCE DRIVE

LUTHERIDGE+LUTHEROCK MINISTRIES



In today's world, it is extremely difficult for those who work in the church to focus on their health and wellness. It is getting harder and harder to be healthy and well while working in the church. In 2009, Thrivent Financial provided Lutheridge + Lutherock Ministries with a grant to assist pastors and others working in the church to live healthier lives.

Lutheridge + Lutherock Ministries has several program offerings that directly promote wellness, both individually and for a family together. LLMI would like to provide you, those who are paid to work in the church more than 15 hours per week, the opportunity to attend one of our programs at a greatly reduced rate to assist you on your wellness journey.

The only requirements to receive this offer are that you are paid to work more than 15 hours per week in a congregation or are a rostered ELCA leader, and that you have never attended the program that you select in the past.

PROGRAMS AVAILABLE:
(complete descriptions at LLMI.net)

FISHERS OF MEN April 9-11, 2010. A new program for men at Lutherock. Learn flyfishing in beautiful Western North Carolina. 50% discount on program cost.

CREATE IN ME April 8-11, 2010. You don't have to be an artist to be creative! Focus more on the process of creating than on the end product of what you create and connect with God the Creator in the process. Bishop Hermann Yoos, SC Synod is the chaplain for the time together. 50% discount on program cost.

FAMILY CAMP July 4-10, August 1-7, August 1-4, 2010. Both Lutheridge and Lutherock have family camp opportunities that you and your family can be refreshed through intentional faith time together. 50% discount on program cost.

FALL COLOR (October 22-24, 2010) **OR APPLE FESTIVAL** (October 1-3, 2010) A weekend for the family together during the beautiful fall color seasons. Enjoy God's creation together as you reconnect with family. 50% discount on program cost.



To register, return this card, along with your registration form to:

LLMI Registration Office
28 Spruce Drive
Arden, NC 28704

Name _____ Email _____

Address _____ Phone _____

City _____ State _____ Zip _____

Congregation _____

Supervisors Signature (for non-rostered leaders) _____

