



# Lutheridge+Lutherock Ministries

Phone: 828-684-2361 ext. 303  
Fax: 828-687-1600

Program Leader: Van Van Horne  
Registration: 828-684-2361

Greetings from Lutherock!

I look forward to welcoming you to **FISHERS OF MEN!** April 1-3, 2010. This program features professional outfitters that will teach fly-fishing techniques and lead river excursions. We will explore our faith through devotions and worship, taking our time on the river beyond just a catch and release experience.

Please check your confirmation letter to make sure that all information is correct. If changes need to be made, feel free to call the Registration Office at the number listed above. We'd love for you to please encourage others to join us. If you discover that you cannot come for some reason, please call as soon as possible to allow a partial reimbursement of your registration fee (please note cancellation policy online for further information).

You may check into your lodging anytime after 11am on Friday, April 1. For those housed in the Crow's Nest, you will find your room key will be inside the building. Folks in Moretz Lodge will not need a key. We will gather together for the first time at 2 pm on Friday to meet with the outfitters to learn more about our excursions for the weekend and to learn fishing techniques. The staff from Foscoe Fishing will lead our trip on the river. If you want to learn more about them, feel free to check out their website at: <http://www.foscoefishing.com/>. Please find below a list of items the outfitters have identified that you will need:

**Fishing Gear List:** 7'-9' 3wt-6wt fly rod & reel  
Waders & boots  
7'-9' leaders 4x, 5x, and 6x (bring extra tippet in the same sizes)  
Flies – check the FFCO website for hatch report

You can also rent the following if you don't have this gear already. The cost is \$25 for the rental gear. Please let us know a week ahead if you'd like to rent these items, as there is a limited amount of gear available:

Rental Gear List: Rod & Reel  
Waders & Boots

**Suggested clothing for the Fishing Excursion List:** Layer Up! April weather in the High Country is unpredictable. It could be sunny and warm, rainy, cold, or even snowing! It's best to plan for the worst and hope for the best. Start with a good base layer of long johns and a t-shirt made of wool or a synthetic fabric (polyester, nylon, cape-line, etc.). If you can help it, stay away from cotton fabrics. If you do accidentally go for a swim (hopefully we will all stay dry!), cotton takes forever to dry, and being wet and cold is miserable...not to mention dangerous. Wool also takes time to dry, but the beauty of it is that it still insulates and keeps you warm even when it's wet. Synthetic fabrics lose their insulation properties when they get wet, but they dry quickly. After the base layer, wear a long sleeve shirt, zip neck, or collared shirt. Next, put on a fleece, light down, or synthetic fill jacket. Finally, put on a waterproof jacket with a hood. All of these are just examples and suggestions. As far as pants go, wear whatever you are comfortable in, just keep in mind that fly-fishing is an active sport and wading is like hiking in a mountain stream. You will sweat, you will experience a beautiful piece of God's creation, and you will have a great time fishing!

Finally, you will need a North Carolina Fishing License before the weekend. The website to go to is: <http://www.ncwildlife.org>. It is important that you have this **prior to the retreat** or you will be unable to actually fish.

Please contact me at the number at the top of the page or email me at [van@lutherock.com](mailto:van@lutherock.com) if you have any questions about our time together in April. I look forward to meeting you and experiencing with you a wonderful weekend in the waters of God's Creation.

God's Peace,

Van Van Horne  
Lutherock Director